

# La Boqueria market: Tourist groups banned from Barcelona market

*cookingmelbourne: The Spanish get it – the primary function of their fresh food market is for local shopping not a theme park for tourists. City of Melbourne redevelopment of QVM would place the emphasis on tourists who want snacks, cheap leather goods and a photo op not potatoes, beans and fish.*

*Be warned: Security guides will now escort large groups of tourists out of the Barcelona market.*

Source: [La Boqueria market: Tourist groups banned from Barcelona market](#)

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## Consumers willing to pay premium for local pasture-fed chickens – ABC Rural (Australian Broadcasting Corporation)

*South east consumers are willing to pay a premium for sustainable pasture raised chickens.*

Source: [Consumers willing to pay premium for local pasture-fed chickens – ABC Rural \(Australian Broadcasting Corporation\)](#)

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## Quince charming

In this story Poached quince and porridge This quince recipe is simple enough, although it does take some time. That is the rule when poaching quinces: the slower the better. But the finished poached quinces can be used for a number of preparations.

Source: [Quince charming By Andrew McConnell The Saturday Paper](#)

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## How Flavor Drives Nutrition – WSJ

By [Mark Bittman](#)

*For more than 50 years, our food has been getting blander—and as flavor fades, so does nutrition.*

Source: [How Flavor Drives Nutrition – WSJ](#)

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# Michael Pollan Cooks! – NYTimes.com

By [Mark Bittman](#)

*Cooking is not only a democratic pleasure, it is also daily creativity, it's economic, it's healthy, and it's a link to the natural world.*

Source: [Michael Pollan Cooks! – NYTimes.com](#)